



Trip description

Family tour along the Atlantic Coast

A biking tour that makes the most of Gironde's cycling paths, underneath great pine trees, protected by the dunes



Destination	France
Location	Landes / Bordeaux
Duration	7 days
Difficulty Level	Very easy
Validity	from March to November
Minimum age	1 year
Reference	A0701

Type of stay
itinerant trip



Itinerary



A cycling holiday on one of the most beautiful cycling routes in France going from Bordeaux to the Atlantic Coast through the fragrant forests of pine

trees and along the beautiful sandy dunes.

Visit Bordeaux, Unesco World Heritage city, and discover the rich coast of "Les Landes" attractive in many ways: nature, sea sport (surf, kite-surf...) and delicious oyster.

Oyster-farming is one of Arcachon specialities, so sit down in front of the bay and enjoy the oysters with a glass of white wine. The city of Arcachon in itself is worth the trip.

Day 1

Bordeaux

You might want to enter the old city section by riding along the quays of the Garonne. The Bordeaux quayside is one of the most magnificent waterfronts in the world. Bordeaux was awarded UNESCO World Heritage status in 2007 because of the beautiful 18th century facades and outstanding buildings. Discover the banks of the Garonne River and check out the buildings made with white chiseled stone.

Day 2

Bordeaux-Saint-Médard

Bike
24km

Leave the city on the Bordeaux-Lacanau biking path which is flat and well-paved. Ride past bubbling streams, and idyllic natural beauty. End the day with a refreshing swim in the hotel pool.

Day 3

Saint-Médard - Lacanau

Bike
49km

Today is a perfect bike riding day as you follow the cycling path to the Atlantic Ocean. Along the way you'll pedal through a cool, pine forests until you reach Lacanau. This popular seaside resort offers long, sandy beaches plus a chance to go surfing!

Day 4

Day trip around Lacanau

Bike
32km

Today's route takes you along the coastline as you pedal on the bike path along the Atlantic Ocean of the shores of Lake Lacanau. Take time for a swim in the ocean or just relax on the beach. If you like, visit the Pond of Cousseau nature preserve. You'll discover a variety of landscapes ranging from dunes, ponds, swamps and small forests along with various flora and birds.

Day 5

Lacanau-Arcachon

Bike
44km

Ride along the coastline on the designated bicycle path. Here's your chance for a unique ride as you get up close to the tallest sand dune in France, the Dune of Pyla. At the end of the ride, Cap-Ferret gives you amazing views of the Great Dune of Pyla. This giant dune is sometimes called "The Sahara of France" because of its four different sand formations. There's time to sun bathe or swim while experiencing the fresh salt air. Take the boat to Arcachon and enjoy the view of the coastline from a different perspective. Boat trip from Cap Ferret to Arcachon. Approximately 1 hour, included in tour

Day 6

**Suggested day trip :
oyster-farming villages
and the Leyre delta**

Bike
41km

Learn about oyster farming from dedicated oyster farmers in Gujan Mestras and sample the freshest oysters you'll ever taste! The Leyre Delta is where fresh waters of the river and the salty waters of the ocean meet. You can go bird watching or rent a canoe or kayak and explore the area or water.

Oyster museum (Maison de l'huitre) Approximately 1 hour, included in tour. The museum visit is partly guided.

Day 7

**To the Great Dune of Pilat
and the ocean**

Bike
26km

On this route, you'll ride along the coastline and dunes towards the Dune of Pilat. Take time to sunbath on the beach or enjoy a dip in the ocean water.

Accommodation

 **Category A**

You'll enjoy staying in these clean and cozy 2-Star hotels that give you a pleasant rest after your day of biking. Breakfast is included when you spend the night in these friendly and family-run hotels.



** Example of the type of accommodation*

 **Category B**

You'll be very comfortable staying in these mostly 3-Star hotels with clean and cozy accommodations. Enjoy the swimming pool before sleeping in your comfortable bed. A tasty breakfast is waiting for you each morning.





* Example of the type of accommodation

Practical information

To get to departure point:

By plane: flight to Bordeaux and then shuttle to the city-center.

By train: From Paris-Montparnasse rail station, take a TGV train to Bordeaux. The duration of the trip is about 3h20. To plan your trip, www.raileurope.com

Parking

If you drive to Bordeaux, we advise you to park on the first day at your hotel in Arcachon where parking is free (not bookable places) or in the surrounding streets near the Place de Verdun, very safe because the police station is located around the corner.

The first day of your stay is an arrival day without biking so you have plenty of time to drop off your luggage in Bordeaux and drive to Arcachon to park for your vehicle.

You take the train to get back to Bordeaux, where you get your bikes in a shop near the train station.

To get back to starting point:

Regional trains take you back to your starting point if you wish. They are accessible without booking in advance and bicycles are free. You have to buy your ticket on spot (full rate 11.20€/adult). The duration to commute is about 50 minutes. You will find the timetable of the day in your travel documents.

Meeting time:

The first day is an arrival day without cycling. You arrive whenever you want depending on where you come from. Please note that rooms are usually available in the middle of the afternoon depending on your accommodation. We thank you to advise us if you plan to arrive late.

Price description

Departure on Saturdays between April, 29th and September, 15th (last departure)

Special departure date from 4 participants on

Category A

Double room fare

789 €/pers

6 nights in ** or *** hotels or B&B

6 breakfasts

7-day rental of a fully-equipped bike (saddle bags, locks, toolkit)

the luggage transport from one lodging to the other

the boat ride from Cap-Ferret to Arcachon with bikes

a road book with maps, descriptions of the routes and tourist informations

a guided visit of the Oyster Museum

the return of the bikes

local visitors' taxes

sending charge of the travel documents in France

24h/24 hotline

High season extra (*)

80 €/pers

Single occupancy extra (**)

42 €/night

Halfboard (4 diners)

110 €/pers

Extra night in Bordeaux

50 €/pers

Extra night in Arcachon

65 €/pers

Category B

899 €/pers

Double room fare

6 nights in ** or *** hotels

6 breakfasts

7-day rental of a fully-equipped bike (saddle bags, locks, toolkit)

the luggage transport from one lodging to the other

the boat ride from Cap-Ferret to Arcachon with bikes

a road book with maps, descriptions of the routes and tourist informations

a guided visit of the Oyster Museum

the return of the bikes

local visitors' taxes

sending charge of the travel documents in France

24h/24 hotline

High season extra (*)

100 €/pers

Single occupancy extra (**)

46 €/night

Halfboard (6 diners)

165 €/pers

Extra night in Bordeaux or in Arcachon

70 €/pers

Options

Extra for the rental of an electric bike (7 days)

55 €/pers

Discount if you ride your own bicycle

-125 €/pers

(*) **High season** :

from 30.06 to 01.09.2019

(**) These prices are guaranteed for 2 participants minimum.

Children discount (in the same room as 2 full rate participants):

0-4 year : -70%

5-11 year : -50%

12-17 year : -30%

The package doesn't include:

the journey to the tour location

the drinks

the meals which are not included

the entrance fee to sites

insurances (optional)

For more information or booking : www.levelovoyageur.com
+33 (0)1 80 91 98 18 or bonjour@levelovoyageur.com