



## Trip description

### Family tour along the Atlantic Coast

Attention: due to the Rugby World Cup, departure dates are limited in September 2023. Departures are only possible on these dates: from 1 to 7; from 12 to 14 and from 19 to 28 September

A biking tour that makes the most of Gironde's cycling paths, underneath great pine trees, protected by the dunes

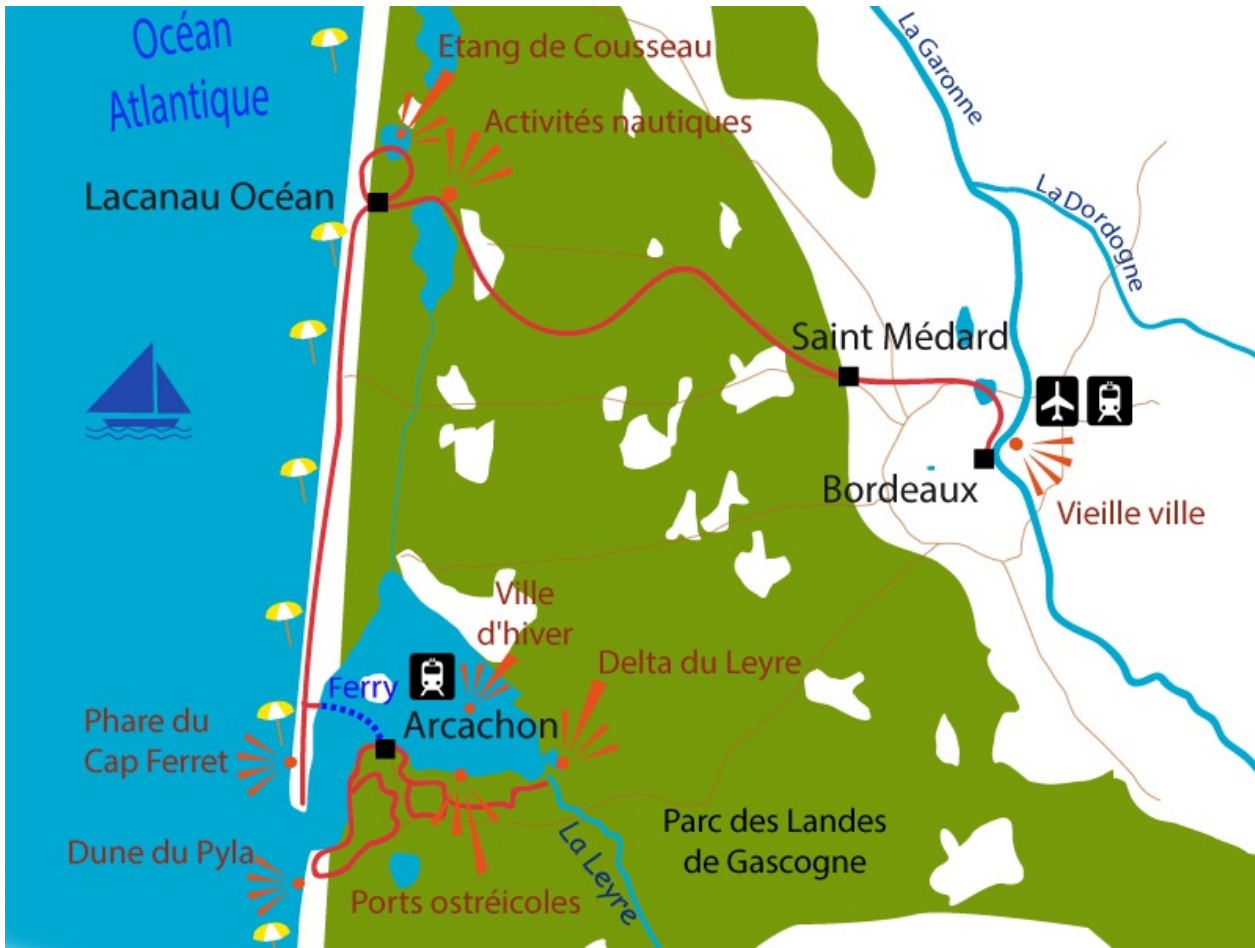


Destination	France
Location	Landes / Bordeaux
Duration	7 days
Difficulty Level	Very easy
Validity	from March to November
Minimum age	1 year
Reference	A0701

Type of stay  
itinerant trip



### Itinerary



A cycling holiday on one of the most beautiful cycling routes in France going from Bordeaux to the Atlantic Coast through the fragrant forests of pine trees and along the beautiful sandy dunes.

Visit Bordeaux, Unesco World Heritage city, and discover the rich coast of "Les Landes" attractive in many ways: nature, sea sport (surf, kite-surf...) and delicious oyster.

Oyster-farming is one of Arcachon specialities, so sit down in front of the bay and enjoy the oysters with a glass of white wine. The city of Arcachon in itself is worth the trip.

### Day 1

#### Bordeaux

You might want to enter the old city section by riding along the quays of the Garonne. The Bordeaux quayside is one of the most magnificent waterfronts in the world. Bordeaux was awarded UNESCO World Heritage status in 2007 because of the beautiful 18th century facades and outstanding buildings. Discover the banks of the Garonne River and check out the buildings made with white chiseled stone.

### Day 2

#### Bordeaux-Saint-Médard

Bike  
24km

Leave the city on the Bordeaux-Lacanau biking path which is flat and well-paved. Ride past bubbling streams, and idyllic natural beauty. End the day with a refreshing swim in the hotel pool.

### Day 3

#### Saint-Médard - Lacanau

Today is a perfect bike riding day as you follow the cycling path to the Atlantic Ocean. Along the way you'll pedal through a cool, pine forests until you reach Lacanau. This

Bike  
49km

popular seaside resort offers long, sandy beaches plus a chance to go surfing!

#### Day 4

### Day trip around Lacanau

Bike  
32km

Today's route takes you along the coastline as you pedal on the bike path along the Atlantic Ocean of the shores of Lake Lacanau. Take time for a swim in the ocean or just relax on the beach. If you like, visit the Pond of Cousseau nature preserve. You'll discover a variety of landscapes ranging from dunes, ponds, swamps and small forests along with various flora and birds.

#### Day 5

### Lacanau-Arcachon

Bike  
44km

Ride along the coastline on the designated bicycle path. Here's your chance for a unique ride as you get up close to the tallest sand dune in France, the Dune of Pyla. At the end of the ride, Cap-Ferret gives you amazing views of the Great Dune of Pyla. This giant dune is sometimes called "The Sahara of France" because of its four different sand formations. There's time to sunbathe or swim while experiencing the fresh salt air. Take the boat to Arcachon and enjoy the view of the coastline from a different perspective. Boat trip from Cap Ferret to Arcachon. Approximately 1 hour, included in tour

#### Day 6

### Suggested day trip : oyster-farming villages and the Leyre delta

Bike  
41km

Learn about oyster farming from dedicated oyster farmers in Gujan Mestras and sample the freshest oysters you'll ever taste! The Leyre Delta is where fresh waters of the river and the salty waters of the ocean meet. You can go bird watching or rent a canoe or kayak and explore the area or water.

Oyster museum (Maison de l'huitre) Approximately 1 hour, included in tour. The museum visit is partly guided.

#### Day 7

### To the Great Dune of Pilat and the ocean

Bike  
26km

On this route, you'll ride along the coastline and dunes towards the Dune of Pilat. Take time to sunbathe on the beach or enjoy a dip in the ocean water.

## Accommodation



Category A

You'll enjoy staying in these clean and cozy 2 and 3-Star hotels that give you a pleasant rest after your day of biking. Breakfast is included when you spend the night in these friendly and family-run hotels.



*\* Example of the type of accommodation*

## Category B

You'll be very comfortable staying in these mostly 3-Star hotels with clean and cozy accommodations. Enjoy the swimming pool before sleeping in your comfortable bed. A tasty breakfast is waiting for you each morning.



*\* Example of the type of accommodation*

## Practical information

### To get to departure point:

**By plane:** flight to Bordeaux and then shuttle to the city-center.

**By train:** From Paris-Montparnasse rail station, take a TGV train to Bordeaux. The duration of the trip is about 3h20. To plan your trip, [www.raileurope.com](http://www.raileurope.com)

### Parking

If you drive to Bordeaux, we advise you to park on the first day at your hotel in Arcachon where parking is free (not bookable places) or in the surrounding streets near the Place de Verdun, very safe because the police station is located around the corner.

The first day of your stay is an arrival day without biking so you have plenty of time to drop off your luggage in Bordeaux and drive to Arcachon to park for your vehicle.

You take the train to get back to Bordeaux, where you get your bikes in a shop near the train station.

### To get back to starting point:

Regional trains take you back to your starting point if you wish. They are accessible without booking in advance and bicycles are free. You have to buy your ticket on spot (full rate 11.20€/adult). The duration to commute is about 50 minutes. You will find the timetable of the day in your travel documents.

## Meeting time:

The first day is an arrival day without cycling. You arrive whenever you want depending on where you come from. Please note that rooms are usually available in the middle of the afternoon depending on your accommodation. We thank you to advise us if you plan to arrive late.

## Price description

**Category A** 1029 €/pers  
Double room fare

6 nights in \*\* or \*\*\* hotels or B&B

6 breakfasts

7-day rental of a fully-equipped bike (saddle bags, locks, toolkit)

the luggage transport from one lodging to the other

the boat ride from Cap-Ferret to Arcachon with bikes

the access to our mobile app including the roadbook and the practical and tourist information

a guided visit of the Oyster Museum

the return of the bikes

24h/24 hotline

Middle season extra (\*)

30 €/pers

High season extra (\*)

120 €/pers

Single occupancy extra (\*\*)

84 €/night

Halfboard (4 diners)

169 €/pers

Extra night in Bordeaux

79 €/pers

Extra night in Arcachon low season

69 €/pers

Extra night in Arcachon high season

89 €/pers

**Category B** 1099 €/pers  
Double room fare

6 nights in \*\* or \*\*\* hotels

6 breakfasts

7-day rental of a fully-equipped bike (saddle bags, locks, toolkit)

the luggage transport from one lodging to the other

the boat ride from Cap-Ferret to Arcachon with bikes

the access to our mobile app including the roadbook and the practical and tourist information

a guided visit of the Oyster Museum

the return of the bikes

24h/24 hotline

Middle season extra (\*)

39 €/pers

High season extra (\*)

99 €/pers

Single occupancy extra (\*\*)

69 €/night

Halfboard (4 diners)

169 €/pers

Extra night in Bordeaux

83 €/pers

Extra night in Arcachon low season

75 €/pers

Extra night in Arcachon high season

99 €/pers

## Options

Extra for the rental of an electric bike (7 days)

69 €/pers

Discount if you bring your own bicycle

-110 €/pers

Extra for a solo traveller

350 €/pers

(\*) **Middle season** :

from 27.05 to 25.06

from 29.08 to 29.09

(\*) **High season** :

from 26.06 to 31.08

(\*\*) These prices are guaranteed for 2 participants minimum.

**Children discount** (in the same room as 2 full rate participants):

0-4 year : -70%

5-11 year : -50%

12-17 year : -30%

**The package doesn't include:**

the journey to the tour location

local taxes visitors

drinks

meals which are not included

entrance fee to sites

insurances (optional)

For more information or booking : [www.levelovoyageur.com](http://www.levelovoyageur.com)  
+33 (0)1 80 91 98 18 or [bonjour@levelovoyageur.com](mailto:bonjour@levelovoyageur.com)