

## Trip description

# The Mediterranean Cycle Route from Avignon to Sète

Discover the jewels of Provence and the Camargue along the Mediterranean Cycle route.



Destination	France
Location	Provence
Duration	7 days
Difficulty Level	Moderate
Validity	March to November
Minimum age	12 years old
Reference	MED0701

Type of stay itinerant trip



## Itinerary



The Mediterranean cycle path leads through diverse and varied landscapes from Provence to the Mediterranean coast.

You start the tour in Avignon, where the Palais des Papes looms among the medieval alleys. From there you gradually enter the Provence and reach the postcard village of St. Rémy-de-Provence, a small Provençal jewel. On the way you will be lulled by the sweet singing of cicadas and the pleasant smell of heather.

Shortly afterwards you reach Arles and soon the Camargue. You encounter flamingos and herds of bulls and wild horses. In Aigues-Mortes you discover the reddish colors of the salt marshes.

The Mediterranean Cycle Route continues along the sand dunes and coast to the bustling city of Montpellier. Continuing along the Mediterranean coast you reach Sète. Relax in front of a nice seafood dish on the fishing port and enjoy the end of your bike tour.

#### Day 1

#### **Avignon**

Your bike trip begins in the heart of Provence. Discover Avignon, a city with exceptional architectural and artistic heritage. The walled city has a town center enclosed with ramparts. You ight want to take a river cruise on the Rhone River or meaner the winding streets and cross the historic Saint Benezel Bridge. The city is filled with historical churches as well as modern day cafes.

#### Day 2

#### Avignon- Saint Rémy de Provence

56km

You leave the "Cité des Papes" and cycle in the countryside. Pass through the village of Cavaillon, famous for its watermelon. The next part of the route will lead you to Saint Remy de Provence, a very typical provencal village. Have a nice walk into its small streets and enjoy the taste of Provence!

#### Saint Rémy de Provence-Arles

Bike **34km** 



You leave St Remy de Provence, a pitturesque village and ride along the Alpilles mountains to reach another typical village called "Les Baux de Provence". You cycle with a magnificent view over the moutains. This is the hardest part of the trip, we advise you to rent an electric bike if you are not used to cycle some hills. The next part of the route leads you towards Arles: enjoy the perfume of the olive trees along the way.

#### Day 4

#### **Arles - Aigues Mortes**

Bike 55km Leave Arles and its beautiful Roman amphitheater to gradually enter the Camargue region and observe the wild horses and pink flamingos. On a beautiful cycle path, you reach the majestic Aigues-Mortes and enjoy an unparalleled view of its 13th century ramparts. Enjoy a nice stroll through its medieval streets and don't miss visiting the salt marshes of Aigues-Mortes.

#### Day 5

## Aigues-Mortes - Montpellier

Bike **36/50km** 

Leave the fortified town of Aigues-Mortes on a beautiful cycle path before arriving at Grau-du-Roi. You can also add a detour to Port Camargue, the largest marina in Europe and have relax at the superb Espiguette beach.

You follow the Mediterranean shore and enjoy the beaches and dunes, before reaching the vibrant city of Montpellier.

#### Day 6

#### Montpellier - Sète

Bike **52km**  Leave the beautiful Montpellier behind to set off on a very beautiful cycle path along the river Lez. Enjoy the views on the ponds, the pink flamingos, the horses... This bike pathsthen leads you directly to the marina of Palavas les Flots.

Your cycle route continues along the sea shore to Villeneuve-les-Maguelone. Miles of beach, ponds and to top it off, a magnificent cathedral. Saint Pierre and Saint Paul de Maguelone cathedral rises like a stone vessel resting on the sands and ponds with a view of the vineyards!

Enjoy a nice plate of seafood on the seafront at Frontignan and continue to Sète, with its lively fishing port.

#### Day 7

#### Sète

Enjoy the liveliness of Sète port, built by Louis XIV to give the canal a gate to the sea. The charming hilly streets of this seaside town have inspired many artists. You leave after breakfast or extend your stay as you wish.

#### Accommodation



You are accommodated in \*\* / \*\*\* hotels with all the necessary comfort after a day spent outdoor. Breakfast is included.







\* Example of the type of accommodation



## Category B

You'll get a good night's sleep staying in these 3-Star hotels or Bed and Breakfasts. All properties have been selected for their cleanliness, style and the friendliness of the staff. Some pieces of accomodation have a swimming-pool. A hearty breakfast is included!







\* Example of the type of accommodation



## Category C

You'll enjoy a higher level of service in these 3-4 Star properties. Properties are selected for their high standards and impeccable service. This category is for guests looking for a higher-end vacation. Of course, breakfast is included daily.







\* Example of the type of accommodation

#### Practical information

### To get to departure point:

By plane: flight to Avignon, Marseille Provence or Nîmes

By train: The train station of Avignon is well connected to the railway network and you can easily access the station from many cities in France and Europe. For instance from Paris: duration 2h40; from Lyon: duration 1h10; from Marseilles: duration 35 min. To plan your trip: https://www.thetrainline.com/?redirected=true

### **Parking**

If you drive to Avignon, you can park your car in the car park in the city center (10€/24h).

The location and contact details of the car parks will be given in your travel documents.

## Back to the starting point:

You take the regional train if you want to return to your starting point. The trains are without reservation and accept bikes for free. The ticket is to be taken on site (full price 23€/adult approximately). There are several trains during the day. You will find the timetables in your travel documents.

## Price description

Category C

6 breakfasts

Double room fare

6 nights in \*\*\*/\*\*\* hotels

949€/pers Category A Double room fare 6 nights in \*\*/\*\*\* hotels 6 breakfasts 6-day rental of a fully-equipped bike (saddle bags, locks, toolkit) the access to our mobile app including the roadbook and the practical and tourist information the delivery and return of the bikes 7/7 hotline Single occupancy extra (\*\*) 60 €/night High season extra (\*) 80 €/pers Extra night in Avignon (except Festival season) 60 €/pers Extra night in Sète 55 €/pers 1099€/pers Category B Double room fare 6 nights in \*\*\* hotels 6 breakfasts 5-day rental of a fully-equipped bike (packs, helmets, locks...) the access to our mobile app including the roadbook and the practical and tourist information luggage transport the delivery and return of the bikes 7/7 hotline Single occupancy extra (\*\*) 76€/night High season extra (\*) 100€/pers Extra night in Avignon (except Festival season) 75€/pers 105€/pers Extra night in Sète

1389€/pers

5-day rental of a fully-equipped bike (packs, helmets, locks...)
the access to our mobile app including the roadbook and the practical and tourist information
luggage transport
the delivery and return of the bikes
7/7 hotline
Single occupancy extra (\*\*)

High season extra (\*)

Extra night in Avignon (except Festival season)

115€/pers

110€/pers

Options

Extra for the rental of an electric bike (6 days)

100 €/pers

Discount if you ride your own bicycle

-120 €/pers

(\*\*) These prices are guaranted for 2 participants minimum.

(\*) High season:

from 01.07 to 28.09.2023

Children discount (in the same room as 2 full rate participants)

0-4 year : -70% 5-11 year : -50% 12-17 year : -30%

#### The package doesn't include:

the journey to the tour location the drinks the meals which are not included the entrance fee to sites insurances (optional)

For more information or booking : www.levelovoyageur.com +33 (0)1 80 91 98 18 or bonjour@levelovoyageur.com