



Trip description

Camargue and Canal du Midi bike tour

On this bike tour on the Mediterranean cycle route you discover: the Provence, the Camargue, the Mediterranean coast and finish on the Canal du Midi.

For the part of the itinerary along the Canal du Midi, the boat hauling path being still a dirt track (a lot of roots, the path can be muddy in case of rain), it is sometimes bumpy to ride.



Destination	France
Location	Camargue
Duration	7 days
Difficulty Level	Moderate
Validity	March to November
Minimum age	12 years old
Reference	MED0702

Type of stay
itinerant trip



Itinerary



On this bike tour along the Mediterranean cycle route in Southern France you start in Arles, in the Camargue. But shortly you reach the Camargue with its pink flamingos, herds of wild horses and bulls. Do not miss the visit of Aigues Mortes, its medieval ramparts and its saltworks.

The Mediterranean cycle route leads on dedicated cycle paths along the sand dunes, beaches and the sea shore. The many pink flamingos lead your way first to the vibrant Montpellier then to Sète. This fishing town, exudes a very special atmosphere with all these fishing boats and sea food restaurants.

Your route continues on the Canal du Midi. You ride along the sea through reeds and lagoon before reaching Agde and Béziers. Under the trees lining the canal you ride towards Narbonne.

Day 1

Arrival in Arles

Arrival in the city of Van Gogh. Enjoy a stroll into the streets to discover its Roman heritage and relax in your accomodation.

Day 2

Arles - Aigues Mortes

Bike
55km

Leave Arles and its beautiful Roman amphitheater to gradually enter the Camargue region and observe the wild horses and pink flamingos. On a beautiful cycle path, you reach the majestic Aigues-Mortes and enjoy an unparalleled view of its 13th century ramparts. Enjoy a nice stroll through its medieval streets and don't miss visiting the salt marshes of Aigues-Mortes.

Day 3

Aigues-Mortes - Montpellier

Bike
36/50km

Leave the fortified town of Aigues-Mortes on a beautiful cycle path before arriving at Grau-du-Roi. You can also add a detour to Port Camargue, the largest marina in Europe and have relax at the superb Espiguette beach.

You follow the Mediterranean shore and enjoy the beaches and dunes, before reaching the vibrant city of Montpellier.

Day 4

Montpellier - Sète

Bike
52km

Leave the beautiful Montpellier behind to set off on a very beautiful cycle path along the river Lez. Enjoy the views on the ponds, the pink flamingos, the horses... This bike path then leads you directly to the marina of Palavas les Flots.

Your cycle route continues along the sea shore to Villeneuve-les-Maguelone. Miles of beach, ponds and to top it off, a magnificent cathedral. Saint Pierre and Saint Paul de Maguelone cathedral rises like a stone vessel resting on the sands and ponds with a view of the vineyards!

Enjoy a nice plate of seafood on the seafront at Frontignan and continue to Sète, with its lively fishing port.

Day 5

Sète-Béziers

Bike
53km

A cycle path takes you from Sète to Marseillan along the Mediterranean beaches, where you can dive to start the day off right! You reach the Onglous lighthouse, where the Canal du Midi reaches the saline waters of the Etang de Thau. From there you follow the Canal du Midi, among the reedbeds of the Bagnas lagoons until Adge. You continue your cycle route along the Canal du Midi and pass by the pretty port of Cassièrès as well as the Estagnol marshes before reaching Béziers.

Day 6

Béziers-Narbonne

Bike
50km

You start this beautiful day along the Canal du Midi by discovering 2 impressive civil works: the 9 locks of Fonserannes and the tunnel of Malpas.

From there you can take a detour on the hill to discover the oppidum of Ensérune and the breathtaking view of the green sun of Montady! A detour through the vineyards and ruins of Fontcalvy brings you to the Canal de la Robine. Afterwards you cycle at your leisure to Narbonne. The canal takes you right into the heart of the Roman city.

Day 7

Departure from Narbonne

You depart after breakfast.

Accommodation

Category A

You are accommodated in ** / *** hotels with all the necessary comfort after a day spent outdoor. Breakfast is included.



** Example of the type of accommodation*

Category B

You'll get a good night's sleep staying in these 3-Star hotels or Bed and Breakfasts. All properties have been selected for their cleanliness, style and the friendliness of the staff. Some pieces of accommodation have a swimming-pool. A hearty breakfast is included!



** Example of the type of accommodation*

Category C

You'll enjoy a higher level of service in these 3-4 Star properties. Properties are selected for their high standards and impeccable service. This category is for guests looking for a higher-end vacation. Of course, breakfast is included daily.



** Example of the type of accommodation*

Practical information

To get to departure point:

By plane: flight to Avignon, Marseille Provence or Nîmes (+regional train)

By train: The train station of Arles is well connected to the railway network and you can easily access the station from many cities in France and Europe. For instance from Paris: duration 3h55; from Lyon: duration 2h30; from Marseille: duration 49 min. To plan your trip: <https://www.thetrainline.com/?redirected=true>

Parking

If you drive to Arles, you can park your car for free in the car park P6 at Arles train station.

The location and contact details of the car parks will be given in your travel documents.

Price description

Category A

889€/pers

Double room fare

6 nights in **/** hotels

6 breakfasts

6-day rental of a fully-equipped bike (saddle bags, locks, toolkit)

the access to our mobile app including the roadbook and the practical and tourist information

luggage transport

the delivery and return of the bikes

7/7 hotline

Single occupancy extra (**)

59 €/night

High season extra (*)

80 €/pers

Extra night in Arles

80€/pers

Extra night in Narbonne

59 €/pers

Category B

1099€/pers

Double room fare

6 nights in *** hotels

6 breakfasts

5-day rental of a fully-equipped bike (packs, helmets, locks...)

the access to our mobile app including the roadbook and the practical and tourist information

luggage transport

the delivery and return of the bikes

7/7 hotline

Single occupancy extra (**)

75€/night

High season extra (*)

100€/pers

Extra night in Arles

110€/pers

Extra night in Narbonne

89 /pers

Category C

1499€/pers

Double room fare

6 nights in ***/**** hotels

6 breakfasts

5-day rental of a fully-equipped bike (packs, helmets, locks...)

the access to our mobile app including the roadbook and the practical and tourist information

luggage transport

the delivery and return of the bikes

7/7 hotline

Single occupancy extra (**)

120€/night

High season extra (*)

120€/pers

Extra night in Arles

175 €/pers

Extra night in Narbonne

185 €/pers

Options

Extra for the rental of an electric bike (6 days)

100 €/pers

Discount if you ride your own bicycle

-120 €/pers

(**) These prices are guaranteed for 2 participants minimum.

(*) High season :

from 01.07 to 28.09.2023

Children discount (in the same room as 2 full rate participants)

0-4 year : -70%

5-11 year : -50%

12-17 year : -30%

The package doesn't include:

the journey to the tour location

the drinks

the meals which are not included

the entrance fee to sites

insurances (optional)

For more information or booking : www.levelovoyageur.com
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