



Trip description

4 days along the Atlantic Coast from La Rochelle to Oléron Island

Your bike trip takes you along the scenic Atlantic Coast from La Rochelle to Rochefort. From there, you ride over the last transporter bridge of France to reach the Oléron Island, savour the oysters of Marennes, with their distinctive taste, and discover the island's long, sandy beaches.



Destination	France
Location	Charente-Maritime
Duration	6 days
Difficulty Level	Easy
Validity	From April to October
Minimum age	1 year
Reference	PC0401

Type of stay
loop trip



Itinerary



This round-trip provides a variety of scenery and attractions. You'll leave the beautiful city of La Rochelle and take the Velodyssee bike trail along the Atlantic Coast. Enjoy the fresh salt air while pedaling through small fishing villages and along tranquil sandy beaches. You'll probably spot storks and herons flying overhead as you make your way to Rochefort.

Explore the city of Rochefort with its distinctive naval atmosphere and architecture. Admire the Hermione, the three-masted ship rebuilt with traditional 17th century techniques. A highlight of this tour is using the last transporter bridge in France as you continue your ride to Oleron Island.

Take time to dangle your feet in the water while savoring a dish of Marenne's oyster. Each day gives you the opportunity to enjoy beaches, discover traditional fishing villages on the island and also take a boat ride back to La Rochelle

DAY 1

La Rochelle

La Rochelle prosperous past can be easily noticed thanks to its nice architecture from which the old fortified harbor is remarkable.

The city offers a wide range of cultural and touristic activities. Do not miss La Rochelle aquarium. The city is very well equipped with cycling paths, which makes it perfect for discovering it on a bicycle.

DAY 2

La Rochelle – Rochefort-sur-mer

Bike
42km

Begin by riding on the seaside cycling path through small villages such as Les Boucholeurs or Chatellaillon-Plage. As you pedal along the marshes, try and spy the birds, herons and storks in the area.

When you reach Rochefort, notice the distinct naval architecture. The city was an active naval base from the time of Louis XIV until 1926. You might want to tour the Corderie Royal, an interesting rope factory where all the ropes for military sailboats were made. Enjoy flowers? The Conservatoire du Begonia houses the world's largest collection of begonias!

DAY 3

Rochefort-sur-Mer - Saint-Trojan-les-Bains

Bike
47km

Start the day by admiring France's last transporter bridge. Classified as a national monument, the bridge gets walkers, runners and bikers cross the river safely. A moveable section of the bridge carries a segment of the roadway across a river.

Meander on the bike path along the marsh area. Originally this marsh was covered with water, making it a valuable site for the salt trade. The city of Brouage was built in the 16th century as a fortified port. The sea receded but part of Brouage remained. Explore the over 2km hike on the ramparts as well the many buildings still towering over the marsh. The route continues through the marshes of the estuary to the island of Oleron. From the bridge you'll see the magnificent silhouette of Fort Boyard. End your day with a delicious bowl of Marennes oyster. These oysters grow in oysters beds all their life, so they are less bitter than oysters caught in the sea.

DAY 4

Saint-Trojan-les-Bains

Bike
39km

Today is designed for relaxation and fun. Don't miss enjoying beautiful Gatseau beach, hidden behind a pine forest. It is accessible only by walking, biking or taking a small train but worth the extra effort!

If you like, take a day bike trip and discover the island of Oleron with its quaint villages, oyster ports and of course, beaches and forests.

DAY 5

Saint-Trojan-les-Bains - La Rochelle

Bike
25km

Boat ride between Boyardville and La Rochelle (Be careful there are only 2 crossings per day!)

Begin the day with a short ride to Boyardville, where you can fish, shop or look at the oyster farms. You could even try to surf! From here, take a boat ride back to La Rochelle. This small cruise lets you admire the coastline without pedaling. Keep your eyes open to see Fort Boyard, visible on clear days.

DAY 6

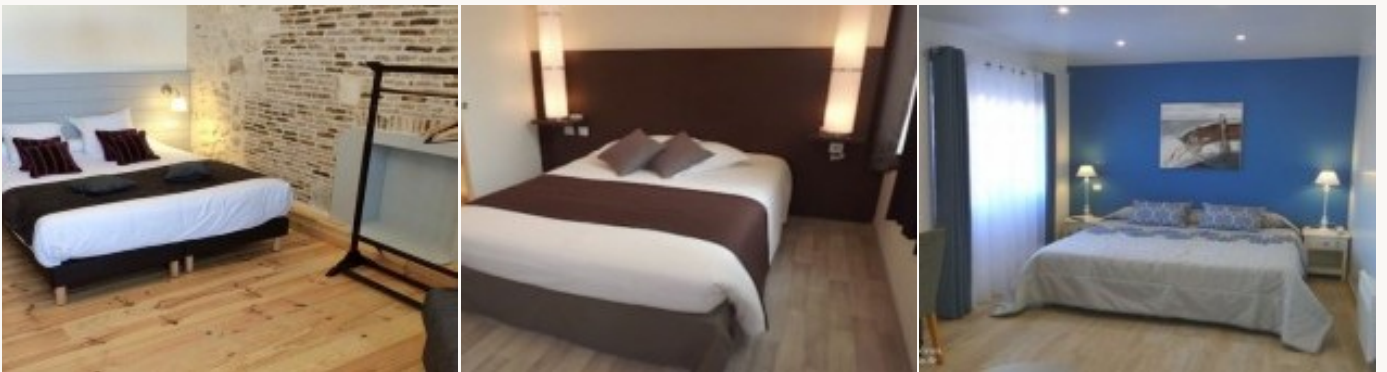
Departure from La Rochelle

After breakfast, you leave for your next destination or extend your stay as you wish.

Accommodation

Category A

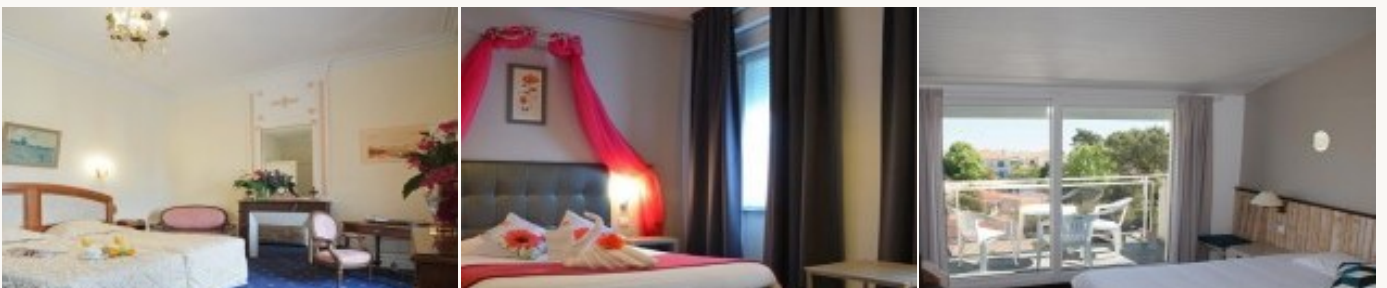
You'll enjoy staying in these clean and cozy 2-Star hotels that give you a pleasant rest after your day of biking. Breakfast is included when you spend the night in these friendly and family-run hotels.

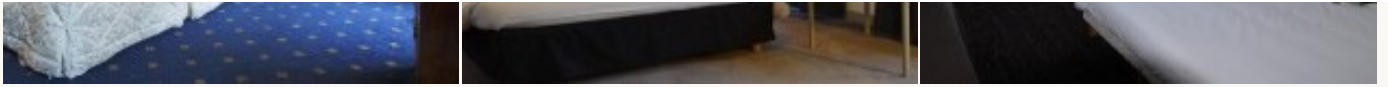


** Example of the type of accommodation*

Category B

You'll get a good night's sleep when you stay in these 3-star hotels or Bed and Breakfasts. All properties have been selected for their cleanliness, style and friendliness of the staff. A hearty breakfast is included!





* Example of the type of accommodation

Practical information

To get to departure point:

By plane: flight to La Rochelle.

By train: from **Paris Montparnasse station**, you can take a **direct TGV (fast trains)** to La Rochelle. The duration of the trip is about 3h15. To plan your trip, www.raileurope.com.

Parking

If you drive to La Rochelle, you can park your car in a secured car park located in the city center: parking Vieux Port Sud (Avenue de Colmar, weekly rate: 60€) or parking Verdun (place Verdun, 15€/day).

Meeting time:

The first day is an arrival day without cycling. You arrive whenever you want depending on from where you come. Please note that rooms are usually available in the middle of the afternoon depending on your accommodation. We thank you to advise us if you plan to arrive late.

Price description

Category A

599 €/pers

Double room fare

5 nights in ** hotels

5 breakfasts

4-day rental of a fully-equipped bike (saddle bags, locks, toolkit)

the boat ride from Oléron Island to La Rochelle with bikes

the access to our mobile app including the roadbook and the practical and tourist information

the delivery and the return of the bikes

7d/7 hotline

Middle season extra (*)

60 €/pers

High season extra (*)

100 €/pers

Halfboard (3 dinners)

100 €/pers

Extra for a single room

65 €/night

Extra night in La Rochelle

65 €/pers

Extra night in La Rochelle - High season

68 €/pers

(From 01/07 to 31/08)

Category B

769 €/pers

Double room fare

5 nights in *** hotels

5 breakfasts

4-day rental of a fully-equipped bike (saddle bags, locks, toolkit)

the boat ride from Oléron Island to La Rochelle with bikes

the access to our mobile app including the roadbook and the practical and tourist information

the delivery and the return of the bikes

7d/7 hotline

Middle season extra (*)

60 €/pers

High season extra (*)

180 €/pers

Halfboard (3 dinners)

100 €/dinner

Extra for a single room	85 €/night
Extra night in La Rochelle	93 €/pers
Options	
Extra for luggage transport	110 €/pers
Extra for luggage transport - Low season <i>From April 1 to June 14 and from September 16 to October 31, 2023</i>	128 €/pers
Extra for solo traveller	55 €/pers
Extra for the rental of an electric bike (4 days)	70 €/pers
Discount if you ride your own bicycle	-68 €/pers
(*) Middle season : from 01.05 to 30.06.2023 from 01.09 to 30.09.2023	
High season : from 01.07 to 31.08.2023	
Children discounts (in the same room as 2 full rate participants) 0-4 year : -70% 5-11 year : -50% 12-17 year : -30%	
The package doesn't include: the journey to the tour location the drinks the entrance fee to sites insurances (optional)	

For more information or booking : www.levelovoyageur.com
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