



## Trip description

### Discover the Passa País by bike, multi-activity trip

This medium length trip is perfect to appreciate the Passa país from all its angles at a peaceful pace. Start your cycling trip from Mazamet and reach Mons la Trivalle in two short stages. You are in the Natural Park of the Haut Languedoc. A descent by Canoe on the Orb River allows you to appreciate the Caroux (local mountain) in all freshness. The gorges of Héric are at your fingertips. Go to its discovery on a small hike. Then finish your stay by bike on the Passa País in Bédarieux.

Type of stay  
itinerant trip



|                  |                       |
|------------------|-----------------------|
| Destination      | France                |
| Location         | Passa País            |
| Duration         | 5 days                |
| Difficulty Level | Very easy             |
| Validity         | From march to october |
| Minimum age      | 1 year old            |
| Reference        | PP0501                |

### Itinerary

The Passa país ! This old railroad line of the Haut Languedoc region has been 100% transformed into a secure bicycle path and will reveal all its secrets and beauty. As a family, a couple or with friends, you can ride the entire official route from Mazamet to Bédarieux in complete peace of mind. To allow you to appreciate this preserved territory to the maximum, we have planned a canoe descent on the Orb river and a hike in the magnificent Héric gorges. Short stages, magnificent landscapes, cozy accommodations, the conditions are met to raise the head and slow down.

#### Day 1

#### Day 2

##### Mazamet - Labastide Rouairoux

Bike  
24km

Altitude  
±250m

From Mazamet, the Bike path of the Passa País offers you a landscape full of greenery and calm. You are in the valley of Thoré, at the foot of the Black Mountain, ideal to recharge your batteries.

You will take the path of the old railroad, connecting Mazamet to Bédarieux and you will penetrate a set of oaks and ash trees, which will offer you freshness and intimacy. On about 25km, you will cross multiple tunnels, more or less long, lighting up on your way and you will cross many points fitted out to take a break.

Regularly, you will find on your way bridges, opening windows of light on the surrounding massifs, to benefit at most from the nature which surrounds you.

You will go along some villages in which you will be able to stop to discover places like the departmental museum of Textile in Labastide Rouairoux, a privileged witness of the region's industrial past.

The track has a stabilized surface and a very soft profile.

#### Day 3

## Labastide Rouairoux - Mons la Trivalle

Bike  
33km

Altitude  
±250m

You will leave behind the Montagne Noire and enter the Jaur valley. The Passa Pais will then offer you new landscapes, transition between the Atlantic and the Mediterranean climate. You will be surrounded by green oaks, pines and chestnut trees: you are in the Hérault. The horizon opens up before you and offers you new colors and new vegetation. Some passages of higher level allow you to take height and to reach another point of view on the nature which surrounds you. While stopping at Saint Pons de Thomières, you will discover its abbey church classified as a Historic Monument with its marble heart, formerly extracted from local quarries. It is the largest Romanesque cathedral in the Occitan region. You will take the bike path again and discover until the village of Olargues, a landscape more and more changing offering you a relief of schist and a vegetation of scrubland. In Olargues, a medieval village, a halt is necessary to take advantage of this magnificent village, one of the most beautiful in France, located at the edge of the river at the foot of the Caroux. You will have a few kilometers to ride to Mons la Trivalle, name meaning "mount of the three valleys", which is the gateway to the Orb valley. Classified as a protected natural site, it is the ideal place for cycling. Balance between ocean, mountain.

### Day 4

## Mons La Trivalle options

This day at the same accomodation allow you to combine 2 options (doable in one day)

### Day 5

## Mons la Trivalle - Bedarieux

Bike  
19km

Altitude  
±190m

You will continue your trip on the Passa Pais in the direction of Poujols sur Orb, a pretty little village at the foot of the Caroux and Espinouse massifs. This stage offers you an open scenery composed of chestnut trees, low shrubs of scrubland and multiple flowers. You will then pass through the famous spa town of Lamalou les bains, with its historic town center and quiet streets. Do not hesitate to visit the bell museum on your way, in Herepian, just after. You will then arrive in Bédarieux, at the gates of the Regional Natural Park of the Haut Languedoc, the end of your trip on the Passa Pais, which will have shown you all its facets.

## Accommodation

### Category B

You stay in hotels with \*\*\* standards or bed & breakfasts selected for their style and quality. Breakfast is included.



\* Example of the type of accommodation

## Practical information

How to get to the starting point:

By plane: flight to Toulouse, then TER train to Mazamet

By train: TGV, Intercity and TER to Toulouse, then TER to Mazamet. Travel time from Toulouse is estimated at 1h45. To plan your trip, [www.sncf-connect.com](http://www.sncf-connect.com)

Parking:

If you are coming by car, you can park your vehicle in a quiet public parking lot at the start of the greenway in Mazamet.

Return to the starting point:

A shuttle bus will take you and your bikes back to Mazamet. The meeting point is at 2:00 pm at the train station in Bédarieux on your last day of cycling.

## Price description

### Category B

€ xxx /pers

Double room fare  
4 nights in \*\*\* hotels  
4 breakfasts  
4-day rental of an equipped bike (saddle bags, locks, toolkit)  
the delivery of the bike  
the access to our mobile app including the roadbook and the practical and tourist information  
7/7 hotline

High season (\*) € xx /pers

Half-board € xx /dinner

Extra for a single room € xx /night

Extra night in Mazamet € xx /pers

Extra night in Toulouse € xx /pers

### Options

Luggage transport **(4 persons basis)** xx €/pers

Luggage transport **(2 persons basis)** xxx €/pers

Luggage transport **(1 person basis)** xxx €/pers

Extra for solo traveller € 90 /pers

Discount if you ride your own bicycle € -xxx /pers

Extra for an electric bike

€ xx /pers

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(\*) **High season** :  
from 01.07 to 31.08.2022

**Children discount** (in the same room as 2 full rate participants):

0-4 years: -70%

5-11 years: -50%

12-17 years: -30%

**The package doesn't include:**

the journey to the tour location

the drinks

the meals which are not included

the entrance fee to sites

insurances (optional)

For more information or booking : [www.levelovoyageur.com](http://www.levelovoyageur.com)  
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