



Trip description

3-day bike tour along the Atlantic Coast from La Rochelle to Royan

Discover the Atlantic coast from La Rochelle to Royan on this 3-day cycling tour. You ride mostly on bike paths and enjoy scenic landscapes.



Destination	France
Location	Charente-Maritime
Duration	5 days
Difficulty Level	Easy
Validity	From April 1. to Sept 24, 2020
Minimum age	10 years
Reference	VO0301

Type of stay
itinerant trip



Itinerary



Enjoy a nice 3-day bike tour along the Atlantic coast from La Rochelle to Royan. You start your route in La Rochelle, an ancient fortified harbor, then cycle along the beaches to Rochefort. Take the time to visit the "Corderie Royale" and the Hermione, an impressive replica of the French warship of 1779. Then, you cross the Charente river using the last French transporter bridge to reach the charming citadel of Brouage. Your path continues through the marshes of Marennes and oyster farms to La Tremblade where you spend the night. For your last day, you cycle along the beautiful bay "Baie des Anses" to the seaside resort of La Palmyre. Finally, you arrive at Royan and the Gironde Estuary.

Day 1

La Rochelle

La Rochelle prosperous past can be easily noticed thanks to its nice architecture from which the old fortified harbor is remarkable.

The city offers a wide range of cultural and touristic activities. Do not miss La Rochelle aquarium. The city is very well equipped with cycling paths, which makes it perfect for discovering it on a bicycle.

Day 2

La Rochelle – Rochefort-sur-mer

Bike
42km

Begin by riding on the seaside cycling path through small villages such as Les Boucholeurs or Chatelaillon-Plage. As you pedal along the marshes, try and spy the birds, herons and storks in the area.

When you reach Rochefort, notice the distinct naval architecture. The city was an active naval base from the time of Louis XIV until 1926. You might want to tour the Corderie Royal, an interesting rope factory where all the ropes for military sailboats were made. Enjoy flowers? The Conservatoire du Begonia houses the world's largest collection of begonias!

Day 3

Rochefort - La Tremblade

Bike
40km

Admire France's last transporter bridge, classified as Historic Monument and dedicated to pedestrians and bicycles. It is currently under construction, so you will take a ferry boat to cross.

Continue biking along the canals then through the marshes populated by storks. Discover Brouage citadel built by the French engineer Vauban and bike along the oyster farms until the coast of Marennes beaches.

You cross over the Seudre River and end your day in La Tremblade.

Day 4

La Tremblade - Royan

Bike
39km

You bike through La Tremblade forest till the lighthouse "Phare de la Coubre". You ride on along the superb bay "Baie des Anses" and reach La Palmyre. You keep along the seaside which gradually becomes rockier and offers beautiful little coves before getting to Royan and the Gironde Estuary.

Day 5

Departure from Royan

You can decide to extend your stay or start your return travel.

Accommodation

Category A

You stay in ** hotels where you will be hosted with a warm welcome. Breakfast is included.



** Example of the type of accommodation*

Category B

You'll get a good night's sleep when you stay in these 3-star hotels or Bed and Breakfasts. All properties have been selected for their cleanliness, style and friendliness of the staff. A hearty breakfast is included!



** Example of the type of accommodation*

Practical information

To get to departure point:

By plane: flight to Paris or Nantes or La Rochelle.

By train: TGV (fast trains) from Paris Montparnasse (direct or with a connection in Poitiers). The duration of the trip is estimated between 3h15 and 3h45. **Inter-regional trains from Bordeaux and Nantes.** To plan your trip, www.raileurope.com.

Parking

If you drive to La Rochelle, you can park your car in a secure car park located in the city center. The weekly rate is 50€. You can also park for free in the streets in the neighborhood of the university. All details will be given in your travel documents.

To get back to starting point:

Regional trains take you back to your starting point if you wish. Change in Saintes. They are accessible without booking in advance and bicycles are

free. You have to buy your ticket on spot (full rate ~19€/adult). There are several trains per day. The travel will take between 1.30 and 2 hours. You will find the timetable in your travel documents.

Meeting time:

The first day is an arrival day without cycling. You arrive whenever you want depending on from where you come. Please note that rooms are usually available in the middle of the afternoon depending on your accommodation. We thank you to advise us if you plan to arrive late.

Price description

Category A **449 €/pers**
Double room fare

4 nights in ** hotels
4 breakfasts
3-day rental of a fully-equipped bike (saddle bags, locks, toolkit)
a road book with maps and descriptions of the routes
the delivery and the return of the bikes
local visitors' taxes
7d/7 hotline

Middle season extra (*) 30 €/pers

High season extra (*) 50 €/pers

Halfboard (4 diners) 110 €/pers

Extra for a single room 45 €/night

Extra night in La Rochelle 60 €/pers

Extra night in Royan 75 €/pers

Category B **499€/pers**
Double room fare

4 nights in *** hotels
4 breakfasts
3-day rental of a fully-equipped bike (saddle bags, locks, toolkit)
a road book with maps and descriptions of the routes
the delivery and the return of the bikes
local visitors' taxes
7d/7 hotline

Middle season extra (*) 50 €/pers

High season extra (*) 60 €/pers

Half-board (4 diners) 110 €/pers

Extra for a single room 59 €/night

Extra night in La Rochelle 85 €/pers

Extra night in Royan 95 €/pers

Options

Extra for luggage transport **95€/pers**

Extra for the rental of an electric bike (3 days) 60 €/pers

Discount if you ride your own bicycle -100 €/pers

(*) Middle season:
from 11.06 to 28.06
from 02.09 to 21.09

High season :
from 29.06 to 01.09

Children discounts (in the same room as 2 full rate participants)

0-4 year : -70%

5-11 year : -50%

12-17 year : -30%

The package doesn't include:

the journey to the tour location

the drinks

the entrance fee to sites

insurances (optional)

For more information or booking : www.levelovoyageur.com
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